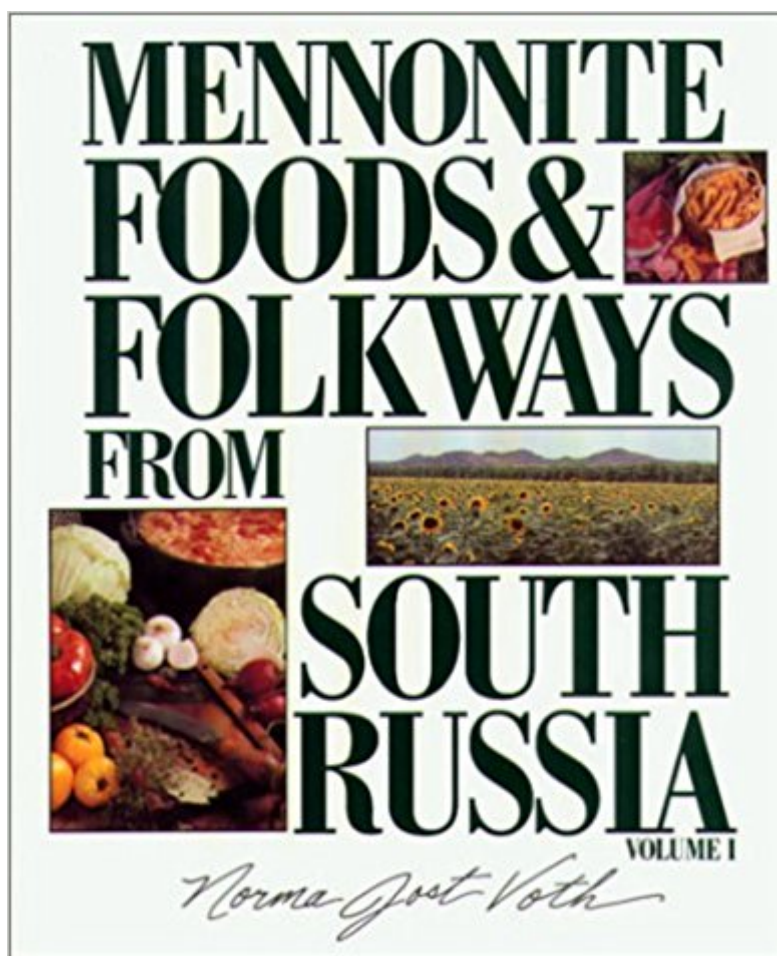


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# Mennonite Foods & Folkways From South Russia: Volume 1



## Synopsis

An abundant food tradition developed when Mennonites from eastern Europe settled in the Ukraine. These people, who had migrated extensively because of religious persecution and economic pressures, blended their flavorful cooking with their new neighbor's food. The result? Delectable Zwieback and Rollkuchen, Borschts of infinite variety, Peppernuts, and porzelkje. Here are 400 recipes with easy-to-follow instructions and stories that surround these foods' making and eating. "A wealth of information (not only recipes) in these almost 500 pages that are sheer pleasure to read."

-Provident Book Finder

## Book Information

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## Customer Reviews

"Meticulously researched chronicle of the Russia Mennonites." -Publishers Weekly

**Mennonite Foods and Folkways from South Russia, Volume 1** An abundant food tradition developed when Mennonites from eastern Europe settled in Russia. These people, who had migrated extensively because of religious persecution and economic pressures, blended their flavorful cooking with their neighbors' food. The result? Delectable Zwieback and Rollkuchen, Borschts of infinite variety, Peppernuts and Portzelkje. Here are 400 recipes with easy-to-follow instructions and stories that surround these foods' making and eating. **Mennonite Foods and Folkways from South Russia, Volume 2** The Mennonites of Russia had a particular story and history, as well as a particular food tradition. Norma Jost Voth interviewed persons whose lives

spanned from Chortitza in south Russia to Newton, Kansas, and from the Molotschna to Winnipeg, Manitoba. Their memories of orchards and gardens, Faspa and weddings, food preservation and wheat harvest fill this volume. In addition, there are more than 100 recipes (different from those in volume 1!), as well as typical menus and menus for special occasions.

I have had this book for over 15 years and love it. I bought one recently as a gift. Both of my Grandmothers were excellent Mennonite cooks. I like how they have complete chapters on items such as peppernuts. Not only do they have numerous recipes for dishes I grew up on, they have stories and explanations about the dishes. One of my great disappointments is that I do not have my Grandmother's recipes, but this book almost makes up for it. I highly recommend this book if you have a Mennonite heritage and would love to recreate your family memories of wonderful meals and treats.

Mennonite isn't just a church denomination, its a culture. I grew up Mennonite Brethren, so I grew up with much of the WONDERFUL food mentioned in this book. If you've never been to an MB potluck, you've never truly eaten. However, the recipes aren't the only things that make this book such an incredible buy. The vignettes about the culture and traditions of the Mennonite faith are a great read. They help explain what makes us so unique. (Even if many of these traditions have faded over time.) Whenever someone asks "what's a Mennonite?", this is the first book I hand them.

This book is fabulous. I've read several books about the early Mennonites but the narrative in this sums it up very nicely. You get some neat old recipes (like my grandmother made) and wonderful stories and history. I highly recommend this!

Wonderful book - classic recipes and intriguing folklore - a must to learn more about your heritage!  
Also appreciated the top-notch condition of the book - great seller.

The Mennonites are an Anabaptist denomination known for their adult baptism, and their commitment to pacifism. During the eighteenth century, the Prussian government began making life uncomfortable for their Mennonite communities, and as such when they were invited to move to colonies in South Russia, where they could farm and freely practice their religion, many jumped at the chance. The Mennonite communities of South Russia maintained their own unique culture, with various folkways and many delicious foods. And when these Mennonites migrated again, this time

to North America, they brought their culture with them. In this book, Norma Jost Voth gives us a nice history of the Mennonites, and then follows it up with over 100 recipes, covering everything from waffles to deserts, including breads, vegetables, pickles, and Christmas goodies. Along the way, the reader is treated to numerous little goodies – songs, poems, reminisces, and much more. This is a very good book. If you are lucky enough to have a South Russian Mennonite strain in your heritage, then you will want to get this book – it really is a great connection to your past. Heck, even if you have no connections to the Mennonites of South Russia, if you like cooking, you will like the many wonderful recipes that this book contains. If you can get this book, then get it!

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